



Acorn Park

Catering Department

Menu: *Week 1/2/3*

MONDAY

Main

Pork sausages (DF)
gravy

Vegetarian

Vegan sausages,
gravy

Vegetables/ salad

Boulangere potatoes,
peas, cauliflower

Dessert

Fresh fruit, dried
fruit, yoghurt (GF)

TUESDAY

Main

Chicken korma (GF)
naan bread (DF, VG)

Vegetarian

Butternut squash and
chick pea tagine
(VG, GF)

Vegetables/ salad

Rice
Sweetcorn, salad bar

Dessert

Fresh fruit, dried
fruit, yoghurt (GF)

WEDNESDAY

Main

Roast gammon, gravy
(GF, DF)

Vegetarian

Italian stuffed
courgettes (VG)

Vegetables/ salad

Roast potatoes,
broccoli and carrots
Salad bar

Dessert

Fresh fruit, dried
fruit, yoghurt (GF)

THURSDAY

Main

Spaghetti bolognaise
and garlic bread (DF)

Vegetarian

Vegetarian spaghetti
bolognaise and garlic
bread (DF)

Vegetables/ salad

Sweetcorn, salad bar

Dessert

Fresh fruit, dried
fruit, yoghurt (GF)

FRIDAY

Main

Fish fingers (DF)

Vegetarian

Homemade tomato
soup with orzo and a
baguette (VG)

Vegetables/ salad

Chips, peas, baked
beans, salad bar

Dessert

Apple crumble (DF)
and custard (GF)
fresh fruit or
yoghurt (GF)





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Menu: *Week 1/2/3*

MONDAY

Main

Battered chicken fillets(DF)

Vegetarian

Quorn vegetable strips(DF)

Vegetables/ salad

Sweet and sour sauce, savoury rice, broccoli, salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

TUESDAY

Main

Steak pie(DF),
gravy(DF,GF,VG)

Vegetarian

Mushroom, onion and cheese tart

Vegetables/ salad

Diced potatoes, green beans, baked beans, salad bar

Dessert

Fresh fruit, dried fruit, yoghurt(GF)

WEDNESDAY

Main

Roast chicken, stuffing(VG)
Yorkshire pudding

Vegetarian

Quorn roast(GF)

Vegetables/ salad

Roast potatoes, cabbage, carrots, salad bar

Dessert

Fresh fruit, dried fruit, yoghurt(GF)

THURSDAY

Main

Jacket potato with bolognaise(DF,GF)

Vegetarian

Jacket potato with vegetarian chilli(DF,GF,VG)

Vegetables/salad

Sweetcorn, baked beans, salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

FRIDAY

Main

Baked hake(DF,GF)

Vegetarian

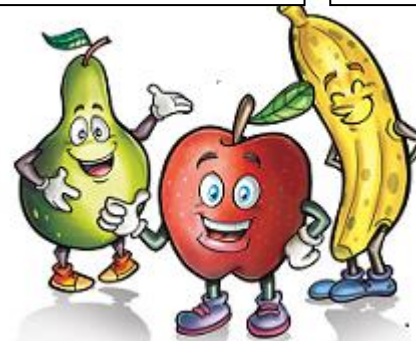
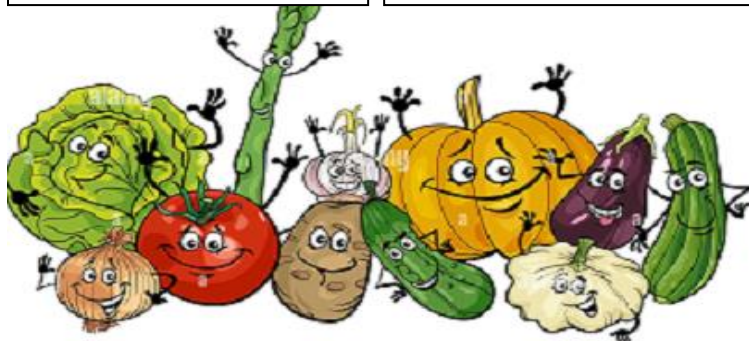
Pasta with tomato and basil sauce(DF)

Vegetables/ salad

Potato wedges, cauliflower cheese, peas, salad bar

Dessert

Cake/dessert of the day, fresh fruit, yoghurt(GF)





Acorn Park

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Menu: *Week 1/2/3*

MONDAY

Main

Baked chicken breast(DF,GF)

Vegetarian

Macaroni cheese

Vegetables/ salad

Sweet potato wedges, peas, salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

TUESDAY

Main

Battered fish(DF)

Vegetarian

Vegetable hot pot(DF,GF,VG)

Vegetables/ salad

Chips, peas, baked beans, salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

WEDNESDAY

Main

Roast pork(GF,DF)
Stuffing (VG) Gravy

Vegetarian

Quorn fillet with onion and cheese

Vegetables/ salad

New potatoes, roast parsnips, mixed vegetables, salad bar

Dessert

Fresh fruit, dried fruit, yoghurt (GF)

THURSDAY

Main

Cottage pie, gravy (GF,DF)

Vegetarian

Mexican bean wrap(VG) and Spanish potatoes

Vegetables/ salad

Carrots, broccoli

Dessert

Fresh fruit, dried fruit, yoghurt(GF)

FRIDAY

Main

Chicken pasta bake

Vegetarian

Spiced lentil and butternut squash soup and baguette

Vegetables/ salad

Green beans, sweetcorn, salad bar

Dessert

Cake/dessert of the day, fresh fruit, yoghurt (GF)

