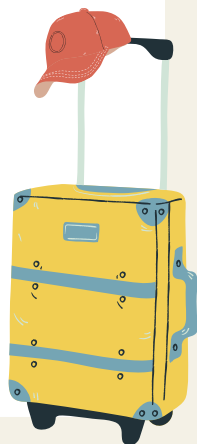




Summer Skills Passport

Travel through to different activities and
collect stamps along the way!

You can complete 1 activity at each stop, or
multiple and you can go through the stops in
any order you would like – there is no right
or wrong! Just have fun!



Stop 1: CREATE



Here you can complete different creative activities. Choose whichever you would like and let your creativity take over!



Build something with Lego



Create a playdough animal



Draw a picture of your favourite summer activity



Make a friendship bracelet, or thread beads onto some spaghetti



Complete a puzzle



Stop 2: MOVE

These activities are to get your body moving! Choose the ones you can complete and enjoy!



Complete an obstacle course



Dance to your favourite song



Do 5 different animal walks



Play outside



Do 15 star jumps



Stop 3: EXPLORE

These activities are based outside and encourage you to enjoy nature.



Go on a nature walk



Look for 3 different types of bugs



Watch the clouds, and see if you can find any shapes



Play in the grass barefoot



Find 4 different types of leaves



Stop 4: CALM

At the calm stop, these activities are useful to stay regulated and slow down after a busy day!



Blow bubbles



Read a book



Make your own calm corner



Do some stretches for 5 minutes



Do some deep breaths

Stop 5: CONNECT



These activities encourage doing something with another person! It is good to socialise with others, and doing something fun is always a great idea!



Play a board game



Read a book with somebody



Play outside with a friend or family member



Play “I Spy” with somebody



Help an adult cook a meal



Stop 6: HELP

Helping someone with a task shows kindness and consideration. See if somebody needs some help with these activities, and I am sure they will be impressed!



Water the plants



Wash the car



Match the socks after washing



Tidy a room in the house



Offer to get a drink for somebody

YOU DID IT!!

Well done for making it to the end of the passport! There is no rule on how many activities you needed to complete, so however many you did, be proud! Well done for taking the time to complete a creative activity, helping someone out, spending time in nature or staying regulated!

We hope you enjoyed working through this, and if you thought of any of your own ideas, add them below!

My Additional Activities:
