

ACORN PARK

OUR SCHOOL MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
MEAT	Margherita Pizza (Wheat & Milk)	Beef Madras Curry	Roast Chicken, Stuffing (Wheat) & Gravy	Beef Lasagne (Wheat & Milk)	Hot Dogs In a bun (Wheat)
Vegetarian	Margherita Pizza (Wheat & Milk)	Chickpea & Lentil Curry (Soya)	Cheese (Milk) & Onion Qourn fillet (Wheat)	Qourn Beef Lasagne (Soya & Wheat)	Vegan Sausage (Wheat) in a Bun (Wheat)
Side/ Salad	Choice of toppings, sweetcorn & Salad bar	Rice, Naan Bread (Wheat) & Salad bar	Roast potatoes, Carrots, Broccoli & Salad bar	Garlic bread (Wheat), Sweetcorn & Salad bar	Curly fries (Wheat), Baked beans & Salad bar
Dessert	Fresh fruit, dried fruit, yoghurts (milk)	Ice cream (Milk) in a cone (Wheat & Soya), fresh fruit, dried fruit,	Fresh fruit, Dried fruit, yoghurts (Milk)	Fresh fruit, dried fruit, yoghurts (Milk)	Cake of the day (See Board), Fresh fruit, yoghurts (Milk)

Week 1 menu will be served in weeks commencing: 14/09, 05/10

Gluten and Dairy free alternatives are available daily

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	Monday	Tuesday	Wednesday	Thursday	Friday
MEAT	Pork Sausages (Wheat & Soya)	Beef chilli con Carne	Marinated Pork Loin	Sweet & Sour Chicken (Wheat)	Fish Fingers (Fish & Wheat)
Vegetarian	Vegan Sausages (Wheat)	Qourn (Soya) chilli Con carne	Vegan (Wheat) Sausage Hotpot	Qourn (Wheat) Sweet & Sour Chicken	Vegetable Fingers (Wheat)
Side/ Salad	Spiced diced potatoes, baked beans & Salad bar	Rice, Tortilla chips, sour cream(Milk) & Salad bar	Roast Potatoes, Carrots, Sliced green beans & Salad bar	Rice, Prawn Crackers (Crustaceans) & Salad bar	Chips, Baked beans & Salad bar
Dessert	Fresh fruit, dried fruit, yoghurts (Milk)	Pancakes(Wheat & milk) & sauces, fresh fruit, dried fruit, yoghurts (Milk)	Fresh fruit, Dried fruit, yoghurts (Milk)	Fresh fruit, dried fruit, yoghurts (Milk)	Cake of the day (See Board), Fresh fruit, yoghurts (Milks)

Week 2 menu will be served in weeks commencing: 01/09, 21/09, 12/10

Gluten and Dairy free alternatives are available daily

ACORN PARK

OUR SCHOOL MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
MEAT	Ham Mac n' Cheese (Milk & Wheat)	Chicken Fajitas in a wrap (Wheat)	Roast Gammon	Beef Bolognaise with Spaghetti (Wheat)	Beef Burgers in a bun (Wheat)
Vegetarian	Mac n' Cheese (Milk & Wheat)	Qourn (Wheat) Chicken Fajitas in a wrap (Wheat)	Vegan Sausage (Wheat)	Quorn (Soya) Bolognaise with Spaghetti (Wheat)	Spicy bean burger (Wheat) in a Bun (Wheat)
Side/ Salad	Garlic bread (Wheat), Peas & Salad bar	sour cream (Milk), Tomato salsa & Salad bar	New potatoes, carrots, Peas & Salad bar	Garlic Bread (Wheat) & Salad bar	Chunky wedges, Corn on the cob & Salad bar
Dessert	Fresh fruit, dried fruit, yoghurts (Milk)	Jelly (Beef Gelatine) and Icecream (Milk), Fresh fruit, dried fruit,	Fresh fruit, Dried fruit, yoghurts (Milk)	Fresh fruit, dried fruit, yoghurts (Milk)	Cake of the day (See Board), Fresh fruit, yoghurts (Milk)

Week 3 menu will be served in weeks commencing: 7/09, 28/09, 19/10

Gluten and Dairy free alternatives are available daily